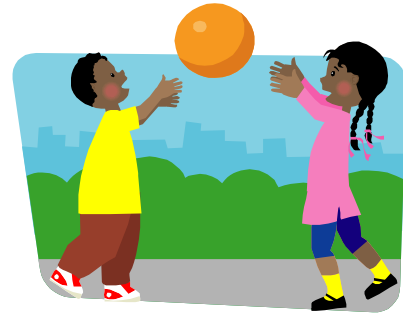


SUPPORTIVE SIBLINGS GROUP

FOR BROTHERS AND SISTERS OF A CHILD WITH SPECIAL NEEDS



Monday evenings:

6:00-7:00 pm (ages 8-12 years old)

Group sessions: TBD. No in-person classes during our current COVID-19 shutdown.

Please contact the clinic to be placed on a waiting list for the next session.

Instructor:

Jennifer Rich, Marriage & Family Therapist

The siblings of a child with special needs face situations and deal with issues unique to many families. This group will provide these sibs with a safe and supportive environment for them to communicate their concerns, share their stresses, and learn how other families handle difficult situations related to having a special needs child.

Facilitated by a CDM therapist, the siblings will be able to address issues related to their specific family situation, while participating in fun group activities. Discussion will focus on how to communicate any feelings of resentment or jealousy, suggestions on what to do during embarrassing moments, and recognition of the siblings' important role in their family.

The group meets at the Center for Developing Minds and pizza will be served. The class size is limited to provide participants with personalized attention. Fee for the set of three sessions is \$300 per family, please register in advance.



To register for these programs, please contact the Center for Developing Minds at 408.358.1853

www.devminds.com

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