

# Social Brains

## Get Ready to Go Back to School



### Instructors:

**Rachel Gilbert, M.A., Educational Specialist**  
**Caitlyn McGinley, M.A., Educational Specialist**

### Class Schedule:

**For students ages 8-12 years-old: 12:30 pm -2:00 pm.**  
**Monday through Friday, August 5 - 9, 2024**

**For students ages 13-17 years-old: 10:30 am -12:00 pm.**  
**Monday through Friday, July 15 - 19, 2024**

Social Brains is a group that allows children and teens to practice skills such as building and developing their friendships and maintaining social interactions. Our groups incorporate developmentally appropriate activities and books to teach, practice, and generalize foundational social thinking skills.

- For the younger tween group, practice with initiation, learning and playing in a group, perspective taking, and social communication will be taught.
- For the teenagers, the class will cover initiating and sustaining conversation, exploring identities and interests in the context of seeking relationships, utilizing various modes of communication with adults and peers, and discussing the importance of community.

The summer session will focus on preparing students to go back to school in the fall. The class will use concrete strategies to work on transitions, dealing with unexpected events, self-monitoring, and strategies to stay regulated and alert in a group setting. Students will also work on setting personal social goals.

If you are interested in enrolling your student, please contact the clinic staff who will get you in touch with an instructor. We work hard to design balanced groups; therefore, each child will be individually screened and placed into a group with a maximum of six participants. The class is held at the Center for Developing Minds. Course fee is \$700 per session, which includes five classes, take-home materials and the end-of-session parent discussion that will be held during the last 30 minutes of the final day.

**Come join us for a fun-filled summer session that will give you and your child the confidence and tools you need to ease the transition back to school!**



To register for these programs, please contact the Center for Developing Minds at 408.358.1853  
[www.devmonds.com](http://www.devmonds.com)

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